

## Welcome to the Alpina Paragliding School

### Where we are:

Our school is located in Walenstadt, one of the most beautiful paragliding areas in the Alps. The incomparable location of Lake Walensee provides a variety of ideal paragliding options. We have at least 1-2 start options for each wind direction. Optimal infrastructures make it possible to reach the start sites easy by car or train. Therefore, we are able to provide our students with a perfect environment all-year round. In addition, Walenstadt offers several highly recommended overnight options, including hotels and campgrounds. In some of the gliding areas you will even be able to stay in a traditional Swiss Cabin, which will provide unforgettable accommodation options. Walenstadt and the area of lake Walensee are easy accessible (Car: 45 Min; Train: 1 hour from Zuerich)

### Who we are:

Robert Muggli and his team are the proud instructors of the Alpina Paragliding School. We love to share our 20-year experience and expertise with our students. Our specialty areas include:

- Paragliding Certification (Basic Course includes private instructions)
- Trial days
- Tandem flights
- Organized Paragliding trips

### Trial lesson (1 day)

Are you looking for a new hobby or do you just want to experience the feeling of Paragliding? Under continuous supervision, we playfully introduce you to the world of paragliding. After short instructions, you will do your first trial start and little "hoppers". Short and fascinating flights will then end your day.

### Trial lesson (2 days)

After the one-day trial lesson you can then continue with the double-trial day. On the second day you master the start technique on the beginner's hill. In the afternoon- after the theoretical instructions- you will then do your first High altitude flight. You will be able to choose between a solo- and a tandem flight. Caution: There is a chance that you've just discovered a new hobby, a new adventure.... Paragliding is addictive...

Info/Costs:

Material: provided by school

Appointments: daily per inquiry

What to bring: hiking boots & leisure clothing

Signing-up: Online or at 079-694-54-01

Insurance: not necessary, today considered a non-risk sport

Trial lesson Fr. 75.- (3 and more people Fr. 50.- per person)

Double-Trial lesson Fr. 220.- (waived if signing up for certification)

## Passenger flights

A Paragliding-Tandemflight, together with a BAZL double-seat pilot is another option to discover the fascination of Paragliding.

A few steps are sufficient and you will take off together with us into a three-dimensional realm.

Info/Costs:

Material: provided by school

Flight area: Region Zuerich (Linth region) or region of Lake Walensee

Appointments: daily per inquiry

What to bring: hiking boots & leisure clothing

Signing-up: Online or at 079-694-54-01

Insurance: not necessary, today considered a non-risk sport

Starting from 180.-

## Certification Course

The training to become a pilot consists of three parts:

### 1. Basic Course with private lessons

The basic course starts after the trial day or the double-trial day with the basic instructions on the practicing hill.

In this class, you will learn the perfect ground handling from start to landing.

Modern equipment, such as Videos and walky-talky enhance the class and contribute to safety and efficiency.

**Important: We only have 1-2 students per instructor. Therefore, we guarantee a very personal and individual education environment that is based on highest standards.**

Info:

Duration: 3-4 days (days can be chosen individually)

Dates: as inquired and weather dependant

Signing-up: at 079-694-54-01 or online

Requirements: 15 years of age, nature-loving, and of a normal fitness status

Insurance: not necessary; hang-gliding is now considered a non-risk sport

For an optimal introduction to the high altitude flights, you will master your first 2-3 high altitude flights together with your instructor on a tandem glider.

The tandem flights will be during or after the basic course. You will learn the perfect steering, maneuvering and landing of the glider.

This will all happen under the direct supervision of the instructor.

### 2. High altitude Flights

Upon completion of the tandem flights and the private/basic course you will be ready for the real solo flights.

Even now, you will still be personally cared for at start, during the flight and with landing. During your first two solo-flights you will start at the same time as your instructor.

He will fly close to you and will give you instructions and support from start to landing.

On continuous flights, you will learn to master the independent flying, the control of the flight maneuvers, the flying with thermo as well as the flying of the examination procedure.

Info:

Time: Commitment: consider about 15-20 days for 50 high altitude flights (you chose the dates individually)

Dates: per inquiry

Signing-up: online or at 079-694-54-01

Requirements: 15 years of age, nature-loving, and of a normal fitness status

Insurance: not necessary; paragliding is now considered a non-risk sport

### 3. Theoretical Education

The theoretical part of this certification enhances the practical course. Subjects include Meteorology, flight standards, laws and aerodynamics.

Theoretical courses are offered every 1-2 months.

Costs for paragliding certification:

Estimated prize Fr. 1890.-\*/Fr.1790 (for students)

\* This prize is based on the assumption that the paragliding equipment is purchased at the Alpina Paragliding School.

Books: Fr. 100.-

Theoretical course sign-up: Fr. 150.-

#### Certification- Why through us?

- We take extra time for each individual student, as we only certify a maximum of 10 students per season.
- The entire basic course is privately instructed (1-2 students)
- In preparation of the high altitude flights, 2-3 tandem flights will be provided
- The certification does not have to be completed during a specific time frame or set days
- We have the perfect hang gliding regions that are easily accessible
- Our school is SHV certified and is highly recommended by beginners
- We have more than 20 years of experience
- Our proven education concept guarantees highest safety, lots of gliding fun and because of the private basic course, high efficiency

The Alpina Paragliding team is looking forward to introduce the fascination of the free gliding experience to you.

#### Contacts:

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